



# HOW SPIRITUAL FORMATION CAN FUEL DISCIPLE MAKING

FEBRUARY 5TH, 2026

CENTRAL TIME

9:45 - 10:00

**GROUP CHECK IN**

10:00 - 10:05

**INTRODUCTION**

10:05 - 10:35

**SESSION ONE** Spiritual Practices that Form Our Mission

10:35 - 11:00

**GROUP BREAK OUT**

11:00 - 11:35

**SESSION TWO** The Empowered Disciple Making Mission

11:35 - 12:00

**GROUP BREAK OUT**



## DR. CARL WILLIAMSON

ASSOCIATE PROFESSOR OF DISCIPLESHIP & CHURCH PLANTING  
DISCIPLE MAKING BOOKS & ARTICLES  
HARDING UNIVERSITY

Carl Williamson is a follower of Jesus. He and his wife Alicia and their two daughters Zoe & Elle have served as missionaries and church planters in New Jersey for 14 years. They are now at Harding University where they are training disciple makers and church planters. He loves to remind people that those who are lost can be found. He enjoys visiting National Parks and running with his daughters. Carl fell in love with the mission of God while growing up in Sweden where his parents were missionaries. The most important thing on his schedule is the relationships he has with a few students at Harding each semester. He and his wife meet with groups of students to help them become disciple makers. He wants you to know that having a relationship with Jesus is the most important decision you make each day.



## ALICIA WILLIAMSON, PHD

INSTRUCTOR, COLLEGE OF BIBLE AND MINISTRY  
DIRECTOR OF THE CENTER FOR FAMILY MINISTRY  
HARDING UNIVERSITY

Alicia Williamson spent fourteen years, alongside her husband Carl, working as a domestic church planter in central New Jersey. They, along with their two daughters, Zoe (19) and Elle (17), were part of a church planting team that planted two churches and taught and equipped a number of new Christians. Alicia currently works for Harding University as an Assistant Professor for the College of Bible and Ministry and serves as the Director for the Center for Family Ministries. Alicia has a PhD in Practical Theology from Regent School of Divinity (Virginia Beach, VA). She also holds a Masters in Systematic Theology and a Masters in Christian Ministry from Harding School of Theology. She has a deep love for guiding college students to become disciple makers and lifelong Jesus followers.